

Awaken the possibilities with
inspirational speaker and intuitive leader

Terry Wildemann

Professional Speaker, Trainer, Consultant, Certified Executive Coach
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Terry Shares Business Wisdom!

"You rocked my world," "I felt like you were speaking only to me!" are phrases professional speaker, trainer and coach Terry Wildemann often hears after her presentations. When Terry speaks, leaders, executives, teams and entrepreneurs listen. An audible "ah, ha" rises from the audience in appreciation of the clarity that emerged.

Terry's fun stage presence and style eases her audiences to "Break Out of Their Shell" as they tune into their new business and leadership wisdom with heart, compassion and confidence. The results are evolved leaders who walk away with clear strategies to create a stress resilient culture of positive communication, trust and respect that lead to innovation and awakened possibilities.

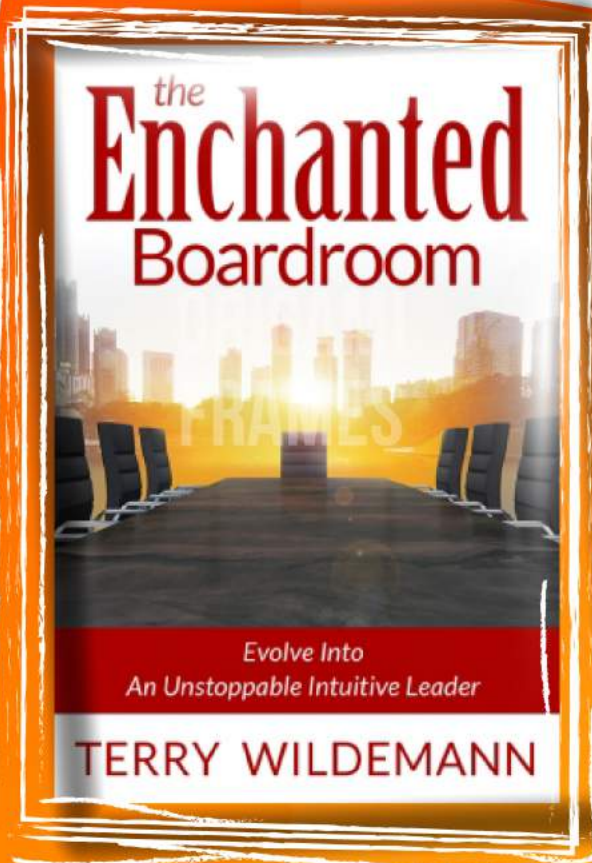
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Terry is very sought after for her ability to engage an audience. Terry doesn't let you slip into a disconnected warm body occupying space. She demands your participation by giving you an abundance of energy and positivity. The room shifts to a unified body sharing in her "call to action and response".

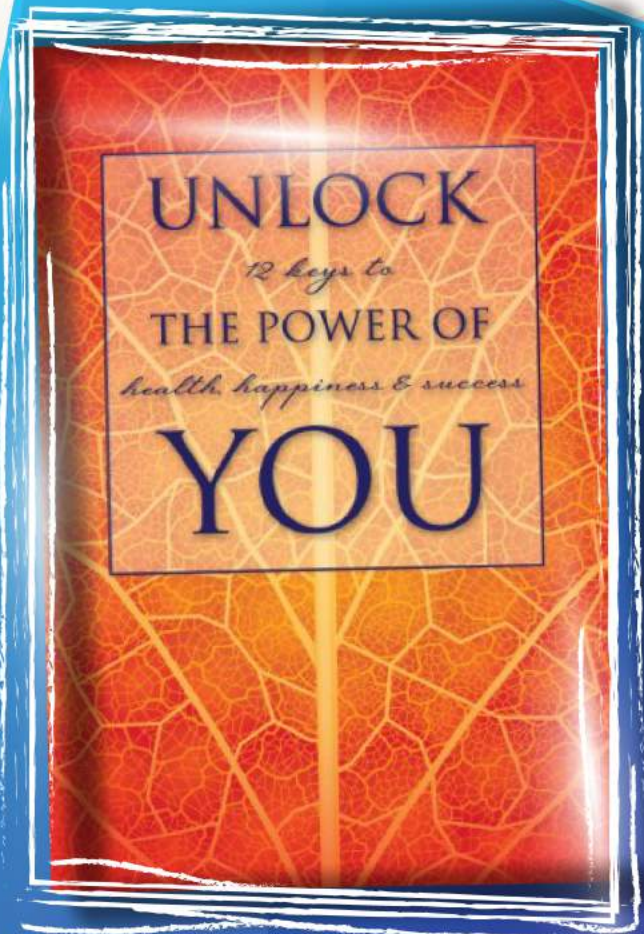
Jeanne Evans,
Promotions With Motion

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Terry's Books



Release: Fall 2016
Publisher: Motivational Press



Publisher: AVIVA Publishing

Biography

In her work as an international professional speaker, certified coach, trainer and author, Terry Wildemann develops leaders and entrepreneurs into unstoppable and stress resilient intuitive leaders. They evolve into puzzle-solving ninjas who discover creative solutions by integrating the practical, tactical, logical, physical, energetic, spiritual and emotional sides of themselves. This inward journey quickly identifies workplace challenges and their ideal solutions resulting in focused and positive outcomes. The workplace renews and expands with innovative ideas, trust and respect leading to an energized workplace culture.

- Certified Executive Coach
- Licensed HeartMath® Stress Coach
- Certified Professional Behavior Analyst
- Certified Professional Co-Active Coach
- Certified Law of Attraction Trainer
- Certified Image Consultant (1987-2009)
- Certified NLP Practitioner
- Emotional Freedom Technique (EFT) Coach (Level 3)
- Reiki Master
- BS Degree: West Chester State University

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**Keynotes, Workshops And Seminars, Half And Full Day
VIP Retreats, Executive Coaching And Consultations**

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INTUITIVE LEADERSHIP

AWAKEN THE POSSIBILITIES

Intuitive Leadership™

Inward Journey, Outward Results. Three Keys to Confidence, Calm and Ease.

In this introductory leadership program discover how the intuitive leaders inward journey results in manifesting a thriving values based workplace culture that serves managers, employees and clients alike. Look at the common traits of successful leaders and you find confidence, self-knowledge, deep intuition, and an ability to connect and motivate others.

In the workplace, practical systems are necessary to serve the employee and the client. However, a lack of understanding of oneself, and how to motivate those who implement those systems, can contribute to workplace chaos. This is where the inward journey begins.

- Learn a simple formula to create positive results.
- Improve how you communicate by avoiding five specific words.
- Three: 3 words to avoid when communicating that make a difference.

Stress Resiliency

Zap the Stress; Shift the Chaos

Are you on the hamster wheel of life? Does your busy lifestyle attract more and more stuff? Are you missing out on the joy of life by running faster and faster to keep up?

Step off that wheel and take your life back from the brink of burnout - for yourself, your kids, family, friends, and co-workers. Why? Because if you don't care for yourself who will? The important folks in your life want you there and too much stress can take you away mentally, physically and emotionally from them and yourself.

In 2000, Terry made a life saving decision; She had to learn how to control the stress in her life because it was slowly killing her body, mind and spirit. Soon after making that decision, and asking for help, the right tools, programs, and certifications entered her life. She soon learned that controlling negative stress is so much more than eating right and exercising!

This dynamic program will open your eyes to:

- The work/life balance myth.
- What actually creates stress.
- The magic of letting go without fear.
- The "I need to do it all" syndrome.
- The five little words that can change how you speak and more.

Time Management

Vanquish the Time Robbers!

Traditional time management programs are often very linear. They put everyone into the same box and it just doesn't work!

In this presentation, Terry offers thought provoking insights and tools that will shift perspectives on time management and work/life balance. The results are eye opening "aha's" that lead toward changing behaviors that improve workplace performance. Terry shares the answers to the following questions;

- Does work/life balance really exist?
- How do words, thoughts and behaviors affect your life?
- We all have the same 24 hours. Why do some folks seem to have all the time in the world?
- Do you feel like you go, go, go and get little done?
- How to shift from time robbing anger and frustration into calm and ease.
- How we create our own overwhelm and exhaustion and what to do about it?
- What steps to take to manage time and improve productivity on YOUR TERMS, YOUR WAY.

Practical Law of Attraction

Magnetic Business Attraction™ for Leaders

Positive mindset, attitude, intuition and listening are core leadership skillsets that, when merged with practical law of attraction, creates unparalleled results. In this presentation, Terry shares how to integrate all of these components using simple processes.

- The Quick Shift Technique™ to reduce stress in the moment and create clarity.
- Results Alignment Model (RAM) to understand how Law of Attraction contributes to positive outcomes.
- Complete Magnetic Business Attraction™ Attraction Clarity Play Sheet.

Networking

Successful Networking with Magnetic Business Attraction™

Networking face-to-face can grow your business and career exponentially! Unfortunately, many folks are intimidated by networking because they think it's about sales. In fact, it's about making connections and enhancing relationships. Folks at all levels often lack skills to really make it beneficial and think it's a waste of time. It's time to debunk these reasons because when you network, and know how to do it well, you have the power to change lives. You may know just the right person that another needs to meet, leading to transformational change for them, their business, yourself and your reputation as a "great connector"!

In this presentation Terry shares tips to make your networking experience a positive one. Learn

- The networking essentials necessary to look professional and be prepared.
- To develop a great introduction.
- How to socialize, meet and greet in style.